

EMA Calender 2026

status: 10.01.2026

10.01.2026	Open Winterhallen	Haparanda (SWE)
	https://www.alatornionpirkat.fi/kilpailut	
17.01.2026	Open Estland – Int. Indoor Masters, EMA League	Tartu
	https://european-masters-athletics.org/ema-league-2026-tartu-is-waiting-for-you/	
24.01.2026	Open British Masters Indoor Track CS	Cardiff
	Pentathlon, 3000m Open Events	https://bmaf.org.uk/fixtures/
31.01.	Open Swiss Masters – Indoor Part 1	Magglingen https://swissmastersathletics.ch/
31.01.-01.02	Open Norwegian Indoor Masters	Nes, Nes Arena www.friidrett.no
31.01.-01.02	Open Danish Indoor Masters	Randers https://www.randersfreja.dk/side/2
31.01.-01.02	Open Turkish Indoor Masters	Bursa https://taf.org.tr/
06.02.-08.02	Open Swedish Indoor Masters	Stockholm
	https://www.friidrott.se/veteran (but without placement and medals for foreign athletes)	
07.02.-08.02	Romania Indoor Masters	Bucharest https://www.romanien-athletics.ro/
13.02.-15.02	Open Championnats de France Masters Indoor	Saint Brieuc
	https://masters.athle.fr/asp.net/espaces.news/news.aspx?id=362066&fbclid=IwB21leANz89BjbGNrA3Pz	
	bmV4dG4DYWVtAjExAAEeOI3x1L1YTUs3NJNYwskXmjp4ro4Z3ofYAPkFbkDFs96zRAvmKRp8ZQc-8Ng_aem_5G6zsM7OmDL_ECU0ZRm1ag	
14.02.	Belgium Masters Indoors	Centre Sportif du Blocry, Louvain-la-Neuve
	https://www.atletiek.nu/wedstrijd/main/43552/	
14.02.	Open Polski Masters Indoor	Torun https://pzlam.pl/pl/
	https://pzlam.pl/pl/zawody/35hmpwlam/	
14.02.-15.02.	Open Indoor Icelandic Masters Championships	Reykjavik
	https://fri.is/motaskra/meistaramot-islands-i-eldri-aldursflokkum-4/	
	you can't win a title or get a medal as foreign athlete	
14.02.-15.02.	NK Dutch Indoor Masters 2026	Apeldoorn, Omnisport
	https://www.atletiek.nl/wedstrijdsport/wedstrijden/nederlandse-kampioenschappen/	
20.02.-22.02	Finland Masters Indoor CS	Helsinki
	https://www.saul.fi/kilpailu/saul-kilpailukalenteri/?tapahtuma=613	
21.02.	Open Hungarian Indoor Masters Championships	Budapest
	https://www.atletika.hu/kezdolap	
21.02.-22.02.	Open British Masters Indoor T&F CS	Lee Valley, https://bmaf.org.uk/fixtures/
	https://data.opentrack.run/en-gb/x/2026/GBR/bmaf-itfc/	
28.02.	EMA League	Nantes
	https://european-masters-athletics.org/ema-league-2026-nantes-registrations-now-open/	
28.02.	Open Vorarlberger (Aut) Masters+ Swiss Part 2	Dornbirn
	! Classification into age groups based on year of birth, not age on the day of the competition !	
28.02.	Open Swiss Masters Part 2	Dornbirn https://swissmastersathletics.ch/
05.03.-08.03	Open Italian Masters Indoor Championships	Ancona
	https://www.fidal.it/calendario/CAMPIONATI-ITALIANI-INDOOR-MASTER-E-CAMPIONATI-ITALIANI-INVERNALI-di-LANCI/COD14448	
	To register, please complete the form:	
	https://www.fidal.it/upload/files/Organizzazione/2026/Modulo_Richiesta_Master_Straniero_2026.pdf	
	and send it to sigma@fidalmarche.com	
06.03.-08.03.	German Masters Indoor	Düsseldorf
	https://www.leichtathletik.de/wettkaempfe/termine/wettkampf-kalender/termin-detail/detail/DM-Halle-Masters-und-Winterwurf-26D000000000000006 open only for german athletes	
	! Classification into age groups based on year of birth, not age on the day of the competition !	
06.03.-08.03.	Spain Masters Indoor	not designed yet

open only for Spain Masters, requires a qualify result

<https://atletismorfea.es/calendario>

07.03. **Open** Croatia & Slovenia Masters Indoor Zagreb www.havu.hr

07.03 **Open** Austrian Indoor Masters CS Vienna

<https://oelv.athmin.at/event-details.aspx?event=35293&int=&returnTo=L2V2ZW50cy5hc3B4>

! Classification into age groups based on year of birth, not age on the day of the competition !

07.03. **EMA** League London

<https://european-masters-athletics.org/ema-league-2026-london-masters-international-indoor-event/>

07.03 **Open** Lithuanian Masters Championship Indoor Klaipeda

https://sites.google.com/view/llav/informacija?fbclid=IwY2xjawO2GZ9leHRuA2FlbQlzMABicmlkETBNNjF2d3lvUDc5MVRSamU4c3J0YwZhchBfaWQQMjlyMDM5MTc4ODlwMDg5MgABHuZPQT2bDGMuRN5OuQCC7WPJt2Zfpr4Dmt8nuTuaLDrkizawxgf7UINAtGc_aem_OKjRJo2xcQEGRfcfTuxJYg

07.03-08.03 **Open** British Masters Winterthrow CS Oxford, <https://bmaf.org.uk/fixtures/>

<https://data.opentrack.run/en-gb/x/2026/GBR/bmaf-wt/>

14.03.-15.03 **Open** Balkan Games Novo Mesto / Slovenia

<https://balkanmasters.com/>

14.03. **Open** CZE & SVK Indoor Masters Ostrava

https://www.atletika-veterani.cz/wp-content/uploads/2025/12/Prop_20260314_HMCR.pdf

22.03. **Open** Austrian 10k race walking championships Salzburg – Rif

<https://oelv.athmin.at/event-details.aspx?event=35589&int=&returnTo=L2V2ZW50cy5hc3B4>

27.03.-02.04 **European** Masters Championships Indoor Torun

<https://emaci2026.com/>

30.04-03.05 **European** Masters Athletics Non Stadia CS Catania

<https://www.goalandbrain.com/>

Outdoor:

14.05 **Open** Swiss masters outdoor Part 1 Kreuzlingen <https://swissmastersathletics.ch/>

22.-24.05 **EMA** Speed Masters Athletics Challenge Shkodar – Albania

<https://speed-masters-athletics.com/>

13.06 **Open** CZ Masters Decin or Rumburk or Kolin

<https://www.atletika-veterani.cz/kalendar/>

26.06.-28.06. **World** Masters Mountain Running CS Janske Lazne

<https://world-masters-athletics.org/championships/2026-world-masters-mountain-running-championships/>

26.06.-28.06. Spain Masters CS city not confirmed yet

open only for Spain Masters, requires a qualify result

26.06.-28.06. Finland Masters Outdoor CS Turku

03.07.-05.07 **EMA** Speed Masters Athletics Challenge Thessaloniki – Greece

<https://speed-masters-athletics.com/>

04.07.-05.07 **Nordic** Masters Championships Oslo

<https://fri.is/motaskra/nordurlandameistaramotid-utanhuss-i-masters-flokkum/>

04.07. **Open** Croatia Masters Outdoor Karlovac <https://www.havu.hr/>

17.07.-19.07. German Masters CS Mönchengladbach

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17.07.-19.07 **Open** Polski Masters Warsaw or Inowroclaw <https://pzlam.pl/pl/>

17.07.-19.07. **Open** British Masters CS <https://bmaf.org.uk/fixtures/> date and city not confirmed yet

18.07.-19.07 **Open** Turkish Outdoor Masters Eskişehir <https://taf.org.tr/>

19.07. **Open** Lithuanian Masters Championship Outdoor Marijampolė

24.07.-26.07. **Open** Masters **Europe** Lovosice 2026 Lovosice CZE

<https://www.maelo.cz>

07.08.-09.08	Open Swedish Outdoor Masters	Östersund
	https://www.friidrott.se/veteran (but without placement and medals for foreign athletes)	
08.08.-09.08	Romania Outdoor masters	Bucharest
15.08.-16.08.	Open Danish Masters CS	not specified yet, https://dansk-atletik.dk/
22.08.-23.08.	Open Iceland Masters CS (M/W 30)	Selfossvöllur
	https://fri.is/motaskra/meistaramot-islands-i-eldri-aldursflokkum-5/ you can't win a title or get a medal as foreign athlete	
22.08.-03.09	World Masters Championships	DAEGU / South Korea
	https://www.wmac2026.com/kr/	
10.09.-13.09	EMORRC2026 (off road running)	Rasnov (Rou)
	https://european-masters-athletics.org/emorrc-2026-assigned-to-rasnov-rom/	
17.09.-20.09.	Open Balkan Masters Games	Craiova / Romania
18.09.-20.09	Open Italien Matsres Outdoor Championships	location to be determined www.fidal.it
	To register, please complete the form: https://www.fidal.it/upload/files/Organizzazione/2026/Modulo_Richiesta_Master_Straniero_2026.pdf and send it to sigma@fidalmarche.com	
19.09.-20.09.	Open International Austrian Masters CS	Götzis (decathlon Mekka)
	https://oelv.athmin.at/event-details.aspx?event=35650&int=&returnTo=L2V2ZW50cy5hc3B4	
	! Classification into age groups based on year of birth, not age on the day of the competition !	
19.09.-20.09.	Open Dansk Throws Pentathlon CS	Aabenraa
21.9.	Belgium Masters	Merksem
	https://www.atletiek.be/competitie/atleten/outdoor-piste	
11.10.	WMA Masters Marathon Championships	Zagreb
	https://www.havu.hr/	

Greece – no indoor Championships

Portugal

https://fpaportalonline.blob.core.windows.net/portalfpa-public/2025/12/Calendario-2025_26_versao-29_12_2025-1.pdf