



EUROPEAN
ATHLETICS

Your Sport for Life



REYKJAVIK | **#RIG19**
INTERNATIONAL GAMES

What an event. We are delighted to have you with us enjoying the best ever RIG athletics competition. Our goal is to offer you a high quality athletics competition in Reykjavík. Today is no exception. We have been fortunate enough to find great interest from very talented young athletes from both Europe and US flying in to compete with our young talented athletes. Stars of today and tomorrow are going to shine.

Last year we did see twenty five international athletes, this year, over forty strong competitors.

Thank you again for your interest. May you enjoy. If you do, make sure you spread the word on social media, with hash tag #RIG19

Velkomin(n) í frjálsíþróttahöllina!

Þvílíkur viðburður hér í dag. Það er okkur einskær gleði að sjá frjálsíþróttakeppni RIG þróast á þann hátt sem þið getið vitnað um. Við sjáum nú á hverju ári aukinn áhuga erlendra keppenda. Í ár skalinn sprendgur enn eitt árið. Í fyrra komu 25 erlendir keppendur. Í ár, yfir 40! Hápunkturinn er 800m hlaup kvenna, líklega eitt sterkasta 800m hlaup sem fram hefur farið í heiminum í ár! Örugglega flottasta 800m hlaup kvenna sem haldið hefur verið á Íslandi!

Takk fyrir að vera með okkur. Ef þú vilt deila gleðinni með fleirum, þá endilega merktu það með #RIG19 á samfélagsmiðlum. Góða skemmtun!

Starfsfólk / Personnel:

EAA Technical Delegate:	Göran Kero Henry
Chief Judge:	Sigurður Haraldsson
Jury of Appeal:	Þorsteinn Þorsteinsson, Rósa Jóhannsdóttir, Magnús Jakobsson
Meeting Director:	Guðlaug Baldvinsdóttir
Technical Director:	Helgi Björnsson
Official Results:	Friðrik Þór Óskarsson
Medal Presentation:	Magnús Jakobsson & Gunnar Svavarsson
Starter:	Atli Guðmundsson
Re-Caller:	Ólafur Óskar Óskarsson & Magnús Valgeir Gíslason
Public Announcer:	Freyr Ólafsson
Staff management:	Auður Ólafsdóttir
Call-room:	Aðalbjörg Hafsteinsdóttir
Doping control:	Birgir Sverrisson
Start Coordinator:	Katrín Sveinsdóttir
Photo Finish Judge:	Ágúst Jónsson
Shot Put Referee:	Stefán Ragnar Jónsson, Sveinn Samsted, Kristján Sigurgeirsson
Long Jump Referee:	Þorgrímur Guðmundsson, Hreinn Ólafsson, Svavar Valur Svavarsson
High Jump Referee:	Þuríður Ingvarsdóttir, Guðmunda Ólafsdóttir, Hildur Helga Einarsdóttir
Chief Judge Track:	Katrín Sveinsdóttir,
Physiotherapist:	Halldór Fannar Júlíusson
First Judge Track:	Sigurlaug Ingvarsdóttir
Doctor:	Stefán Guðmundsson
Local Organizing Committee:	Freyr Guðmundsson, Guðmundur Karlsson, Guðlaug Baldvinsdóttir, Aðalbjörg Hafsteinsdóttir, Íris Berg Bryde

Reykjavík International Games

Laugardalshöllin - Reykjavík
Sunday 3 February 2019

TIME TABLE - TÍMASEÐILL

12:30	800 meters Women B - 800m kvenna B
12:35	800 meters Men - 800m karla
12:40	600 meters Girls U16 - 600m stúlkna 15 og y
12:45	600 meters Boys U16 - 600m pílta 15 og y
12:50	60 meters Girls U16 - 60m stúlkna 15 og y
12:50	Long Jump Men - Langstökk karla
12:50	High Jump Men - Hástökk kvenna
12:52	60 meters Boys U16 - 60m pílta 15 og y
13:05	60 meters Women Semi Final - 60m kvenna undanúrslit
13:15	60 meters Men Semi Final - 60m karla undanúrslit
13:20	400 meters Men C Final - 400m karla C úrslit
13:25	400 meters Men B Final - 400m karla B úrslit
13:30	400 meters A Men Final - 400m karla A úrslit
13:30	Shot Put Mixed Competition - Kúlvarp blönduð keppni
13:35	400 meters Women B Final - 400m kvenna B úrslit
13:40	400 meters Women A Final - 400m kvenna A úrslit
13:55	1500 meters Men - 1500m karla
14:00	High Jump Men - Hástökk karla
14:00	Long Jump Women - Langstökk kvenna
14:10	60 meters Men Final - 60m karla Úrslit
14:20	60 meters Women Final - 60m kvenna Úrslit
14:25	4x200 meter relay Men - 4x200m boðhlaup karla
14:35	4x200 meter relay Women - 4x200m boðhlaup kvenna
14:45	800 meters Women - 800m kvenna

LIST OF COMPETITORS - KEPPENDUR

CZE – Czech Republic - Tékkland

3250 Diana Mezulianikova, 1992

DEN – Denmark - Danmörk

3251 Astrid Glenner-Frandsen, 1993

3252 Louise Østergård, 1994

3253 Andreas Lindgreen, 1998

3254 Nick Jensen, 1991

GB – Great Britain - Stóra Bretland

3255 Amber Anning, 2000

3256 Ashleigh West, 2001

3257 Finette Agyapong, 1997

3258 Josephine Oliaryk, 2000

3259 Rachel Wallander, 1989

3260 Shelayna Oskan-Clarke, 1990

3261 Archie Davis, 1998

3262 Jack Roach, 1995

3263 James Lelliott, 1993

3264 Reuben Arthur, 1996

3265 Scott Lincoln, 1993

3266 Thomas Somers, 1997

IRL – Ireland - Írland

3267 Claire Mooney, 1992

POL – Poland - Pólland

3346 Weronika Katarzyna, 1994

SWE – Sweden - Svíþjóð

3347 Ellen Huldén, 1990

3348 Evelina Erlandsson, 1994

3349 Anton Sigurdsson, 1996

3350 Nick Ekelund-Arenander, 1989

USA – United States of America - Bandaríkin

3351 Hannah Waller, 2001

3352 Leah Phillips, 2002

3353 Mary Gregory, 2002

3354 Nia Frederick, 2001

3355 Olga Kosichenko, 1996

3356 Ashton Allen, 2002

3357 Malcolm Johnson, 2001

3358 Marcellus Moore, 2002

3359 Mordecai Mc Daniel, 2001

ISL – Iceland - Ísland

3268 Agnes Kristjánsdóttir, 1999

3269 Aníta Hinriksdóttir, 1996

3270 Ásta Margrét Einarsdóttir, 1998

3271 Ásthildur Helgadóttir, 2006

3272 Birta María Haraldsdóttir, 2004

3273 Dagbjört Lilja Magnúsdóttir, 2000

3274 Dórothea Jóhannessdóttir, 1994

3275 Elísabet Líf A. Ólafsdóttir, 2005

3276 Elma Sól Halldórsdóttir, 2002

3277 Fjóra Signý Hannessdóttir, 1989

3278 Glódís Edda Þuríðardóttir, 2003

3279 Guðbjörg Jóna Bjarnadóttir, 2001

3280 Hafdis Sigurðardóttir, 1987

3281 Helena Rut Hallgrímsdóttir, 2005

3282 Helga Margrét Haraldsdóttir, 2001

3283 Helga Þóra Sigurjónsdóttir, 2000

3284 Hildigunnur Þórarinnisdóttir, 1999

3285 Hrefna Sif Jónasdóttir, 2004

3286 Ingibjörg Sigurðardóttir, 2001

3287 Irma Gunnarsdóttir, 1998

3288 Júlía Kristín Jóhannessdóttir, 2005

3289 Katla Rut Robertsdóttir Kluvers, 2001

3290 Kristín Sif Sveinsdóttir, 2004

3291 Kristrún Sverrisdóttir, 2004

3292 María Birkisdóttir, 1995

3293 María Helga Högnadóttir, 2005

3294 María Rún Gunnlaugsdóttir, 1993

3295 Melkorka Rán Hafliðadóttir, 1997

3296 Rut Sigurðardóttir, 2002

3297 Sara Gunnlaugsdóttir, 2005

3298 Sara Mjöll Smáradóttir, 2000

3299 Sólrún Soffía Arnardóttir, 2001

3300 Thelma Björk Einarsdóttir, 1996

3301 Úlfheiður Linnét, 2004

3302 Vilhelmina Þór Óskarsdóttir, 1998

3303 Þórdís Eva Steinsdóttir, 2000

3304 Þórdís Ösp Melsted, 2004

3305 Alexander Broddi Sigvaldason, 2004

3306 Andri Fannar Gislason, 1990

3307 Ari Bragi Kárason, 1989

3308 Arnór Gunnarsson, 2000

3309 Aron Unnarsson, 2005

3310 Benjamin Jóhann Johnsen, 1996

3311 Birgir Jóhannes Jónsson, 2001

3312 Bjarki Rúnar Kristinsson, 1996

3313 Bjarni Anton Theódórsson, 1998

3314 Bjarni Páll Pálsson, 1991

3315 Daði Arnarson, 1999

3316 Dagbjartur Kristjánsson, 2000

3318 Dagur Traustason, 2005

3319 Goði Gnýr Guðjónsson, 2004

3320 Guðmundur Ágúst Thoroddsen, 1996

3321 Gunnar Eyjólfsson, 1998

3322 Haukur Arnarsson, 2004

3323 Hinrik Snær Steinsson, 2000

3324 Hlynur Andrésón, 1993

3325 Hugl Hardarson, 1987

3326 Ingi Rúnar Kristinsson, 1993

3327 Ísak Óli Traustason, 1995

3328 Ívar Kristinn Jasonarson, 1992

3329 Jason Sigþórsson, 2005

3330 Jóhann Björn Sigurbjörnsson, 1995

3331 Juan Ramon Borges Bosque, 1992

3332 Kormákur Ari Hafliðason, 1997

3333 Kristinn Torfason, 1984

3334 Kristján Viggó Sigfinnsson, 2003

3335 Magnús Örn Brynjarsson, 2004

3336 Markús Biggisson, 2005

3337 Óliver Máni Samúelsson, 2002

3338 Sebastian Þór Bjarnason, 2004

3339 Sindri Magnússon, 1997

3340 Stefán Torrini Davíðsson, 2004

3341 Sveinbjörn Óli Svavarsson, 1997

3342 Sæmundur Ólafsson, 1995

3343 Tómas Gunnar Gunnarsson Smith, 1999

3344 Tómas Þorsteinsson, 2005

3345 Þorvaldur Tumi Baldursson, 2001

3360 Kjartan Óli Ágústsson, 2002

800 meters – Women B – 800m kvenna B

Sunday 3 February at 12:30

Íslandsmet: 2:01,18 Anita Hinriksdóttir, ÍR 04.02.17

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	1	3299	Sólrun Soffía Arnardóttir	2001	ISL	2:24,23	2:24,23	_____	_____
1	2	3301	Úlfheiður Linnét	2004	ISL	2:20,38	2:20,38	_____	_____
1	3	3286	Ingibjörg Sigurðardóttir	2001	ISL	2:18,95	2:18,95	_____	_____
1	4	3292	María Birkisdóttir	1995	ISL	2:13,78	2:20,06	_____	_____
1	5	3298	Sara Mjöll Smáradóttir	2000	ISL	2:20,42	2:20,42	_____	_____
1	6	3354	Nia Frederick	2001	USA	2:14,19		_____	_____

800 meters – Men – 800m karla

Sunday 3 February at 12:35

Íslandsmet: 1:51,07 Björn Margeirsson, FH 28.01.06

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	1	3325	Hugi Harðarson	1987	ISL	1:56,65	1:57,81ú	_____	_____
1	2	3342	Sæmundur Ólafsson	1995	ISL	1:53,28ú	1:53,28ú	_____	_____
1	3	3315	Daði Arnarson	1999	ISL	1:56,22	1:56,38	_____	_____
1	4	3360	Kjartan Óli Ágústsson	2002	ISL	2:00,20	2:00,20	_____	_____
1	5	3316	Dagbjartur Kristjánsson	2000	ISL	2:03,25	2:03,25	_____	_____

600 meters girls U16 – 600m stúlkna 15 og yngri

Sunday 3 February at 12:40

Íslandsmet: 1:32,25 Þórdís Eva Steinsdóttir, FH 17.01.15

Mótsmet: 1:32,25 Þórdís Eva Steinsdóttir, FH 2015 Reykjavík

Sigurv. í fyrra: 1:43,96 Úlfheiður Linnét, FH

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	1	3291	Kristrún Sverrisdóttir	2004	ISL	1:51,99		_____	_____
1	2	3275	Elisabet Líf A. Ólafsdóttir	2005	ISL	1:52,49	1:59,23	_____	_____
1	3	3297	Sara Gunnlaugsdóttir	2005	ISL	1:49,70	1:49,70	_____	_____
1	4	3271	Ásthildur Helgadóttir	2006	ISL	1:48,47	1:53,51	_____	_____
1	5	3290	Kristín Sif Sveinsdóttir	2004	ISL	1:48,61	1:59,30ú	_____	_____
1	6	3285	Hrefna Sif Jónasdóttir	2004	ISL	1:51,87	2:01,66ú	_____	_____

600 meters boys U16 – 600m piltá 15 og yngri

Sunday 3 February at 12:45

Íslandsmet: 1:25,78 Arnar Orri Sverrisson, ÍR 20.12.10
Mótsmet: 1:28,52 Helgi Pétur Davíðsson, UFA 2015 Reykjavík
Sigurv. í fyrra: 1:29,33 Hlynur Freyr Karlsson, BBLIK

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	1	3322	Haukur Arnarsson	2004	ISL	1:48,07	1:53,28ú	___	___
1	2	3309	Aron Unnarsson	2005	ISL	1:47,74	1:47,74	___	___
1	3	3329	Jason Sigþórsson	2005	ISL	1:42,47ú	1:42,47ú	___	___
1	4	3340	Stefán Torrini Davíðsson	2004	ISL	1:37,46ú	1:37,46ú	___	___
1	5	3335	Magnús Örn Brynjarsson	2004	ISL	1:41,49ú	1:41,49ú	___	___
1	6	3319	Goði Gnýr Guðjónsson	2004	ISL	1:37,53	1:42,65ú	___	___
1	7	3336	Markús Birgisson	2005	ISL	1:49,06ú	1:49,06ú	___	___
1	8	3318	Dagur Traustason	2005	ISL	1:44,73		___	___

60 meters girls U16 – 60m stúlkna 15 og yngri

Sunday 3 February at 12:50

Íslandsmet: 7,68 Guðbjörg Jóna Bjarnadóttir, ÍR 29.12.16
Mótsmet: 7,92 Tiana Ósk Whitworth, ÍR 2015 Reykjavík

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	2	3281	Helena Rut Hallgrímsdóttir	2005	ISL	8,51		___	___
1	3	3304	Þórdís Ösp Melsted	2004	ISL	8,59	8,59	___	___
1	4	3293	María Helga Högnadóttir	2005	ISL	8,55	8,57ú	___	___
1	5	3272	Birta María Haraldsdóttir	2004	ISL	8,20	8,20	___	___
1	6	3288	Júlía Kristín Jóhannesdóttir	2005	ISL	8,32	8,32	___	___
1	7	3297	Sara Gunnlaugsdóttir	2005	ISL	8,58	8,58	___	___
1	8	3285	Hrefna Sif Jónasdóttir	2004	ISL	8,61	8,75	___	___

Long jump – Men – Langstökk karla

Sunday 3 February at 12:50

Íslandsmet: 7,82 Jón Arnar Magnússon, UMFT 05.03.00
Mótsmet: 7,76 Daniel Gardiner, GB 2017 Reykjavík
Sigurv. í fyrra: 7,66 Kristinn Torfason, FH

Order	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	3333	Kristinn Torfason	1984	ISL	7,77	7,21ú	___	___
2	3327	Ísak Óli Traustason	1995	ISL	7,13	7,09ú	___	___
3	3263	James Lelliott	1993	GB		7,74	___	___
4	3262	Jack Roach	1995	GB		7,71	___	___

High jump – Women – Hástökk kvenna

Sunday 3 February at 12:50

Íslandsmet: 1,88 Þórdís Lilja Gísladóttir, ÍR 12.03.83

Mótsmet: 1,87 Maja Nilsson, SWE 2018 Reykjavík

Sigurv. í fyrra: 1,87 Maja Nilsson, SWE

Order	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	3294	María Rún Gunnlaugsdóttir	1993	ISL	1,74ú	1,74ú	_____	_____
2	3348	Evelina Erlandsson	1994	SWE		1,80	_____	_____
3	3347	Ellen Huldén	1990	SWE		1,81	_____	_____
4	3256	Ashleigh West	2001	GB		1,76	_____	_____
5	3283	Helga Þóra Sigurjónsdóttir	2000	ISL	1,74ú	1,74ú	_____	_____

60 meters boys U16 – 60m piltá 15 og yngri

Sunday 3 February at 12:52

Íslandsmet: 7,25 Sveinn Elías Elíasson, FJÖLNIR 13.11.04

Mótsmet: 7,51 Ólafur Werner Ólafsson, BBLIK 2012 Reykjavík

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	2	3344	Tómas Þorsteinsson	2005	ISL	8,12	8,12	_____	_____
1	3	3322	Haukur Arnarsson	2004	ISL	7,90	7,90	_____	_____
1	4	3340	Stefán Torrini Davíðsson	2004	ISL	7,85	7,85	_____	_____
1	5	3338	Sebastian Þór Bjarnason	2004	ISL	7,63	7,63	_____	_____
1	6	3305	Alexander Broddi Sigvaldason	2004	ISL	7,78	7,78	_____	_____
1	7	3335	Magnús Örn Brynjarsson	2004	ISL	7,89	7,89	_____	_____
1	8	3336	Markús Birgisson	2005	ISL	8,05	8,05	_____	_____

60 meters - Women – Semifinals 60m kvenna undanúrslit

Sunday 3 February at 13:05

Íslandsmet: 7,47 Tiana Ósk Whitworth, ÍR 20.01.18

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	1	3273	Dagbjört Lilja Magnúsdóttir	2000	ISL	8,01	8,01	_____	_____
1	2	3282	Helga Margrét Haraldsdóttir	2001	ISL	7,88	7,88	_____	_____
1	3	3279	Guðbjörg Jóna Bjarnadóttir	2001	ISL	7,53	7,53	_____	_____
1	4	3257	Finette Agyapong	1997	GB	7,35		_____	_____
1	5	3251	Astrid Glenner-Fransen	1993	DEN	7,50		_____	_____
1	6	3296	Rut Sigurðardóttir	2002	ISL	7,82	7,82	_____	_____
1	7	3276	Elma Sól Halldórsdóttir	2002	ISL	7,97	7,97	_____	_____
1	8	3270	Ásta Margrét Einarsdóttir	1998	ISL	8,10	8,10	_____	_____
2	1	3289	Katla Rut Robertsdóttir Kluvers	2001	ISL	8,02	8,02	_____	_____
2	2	3284	Hildigunnur Þórarinsdóttir	1999	ISL	7,91	7,91	_____	_____
2	3	3352	Leah Phillips	2002	USA	7,58 calc		_____	_____
2	4	3252	Louise Østergård	1994	DEN	7,49		_____	_____
2	5	3351	Hannah Waller	2001	USA	7,50 calc		_____	_____
2	6	3274	Dóróthea Jóhannesdóttir	1994	ISL	7,71	7,74	_____	_____
2	7	3278	Glódís Edda Puriðardóttir	2003	ISL	7,97	7,97	_____	_____
2	8	3268	Agnes Kristjánsdóttir	1999	ISL	8,11	8,11	_____	_____

60 meters - Men – Semifinals – 60m karla undanúrslit

Sunday 3 February at 13:15

Íslandsmet: 6,5 Bjarni Þór Traustason, FH 15.03.97

Íslandsmet: 6,80 Einar Þór Einarsson, Á 06.02.93

Heat	Lane	No.	Name	Year of	Club	Personal	Season	Mark	Place
				Birth		best	best		
1	1	3311	Birgir Jóhannes Jónsson	2001	ISL	7,29	7,29	_____	_____
1	2	3341	Sveinbjörn Óli Svavarsson	1997	ISL	7,18	7,18	_____	_____
1	3	3331	Juan Ramon Borges Bosque	1992	ISL	7,03	7,03	_____	_____
1	4	3264	Reuben Arthur	1996	GB	6,68		_____	_____
1	5	3330	Jóhann Björn Sigurbjörnsson	1995	ISL	6,93	6,93	_____	_____
1	6	3337	Óliver Máni Samúelsson	2002	ISL	7,16	7,16	_____	_____
1	7	3314	Bjarni Páll Pálsson	1991	ISL	7,28	7,28	_____	_____
1	8	3326	Ingi Rúnar Kristinsson	1993	ISL	7,12	7,36	_____	_____
2	2	3345	Þorvaldur Tumi Baldursson	2001	ISL	7,35	7,35	_____	_____
2	3	3339	Sindri Magnússon	1997	ISL	7,24	7,24	_____	_____
2	4	3358	Marcellus Moore	2002	USA	6,90 calc		_____	_____
2	5	3357	Malcolm Johnson	2001	USA	6,92 calc		_____	_____
2	6	3320	Guðmundur Ágúst Thoroddsen	1996	ISL	7,07	7,12	_____	_____
2	7	3308	Arnór Gunnarsson	2000	ISL	7,15	7,25	_____	_____
2	8	3306	Andri Fannar Gíslason	1990	ISL	7,18	7,36	_____	_____

400 meters – Men C Final – 400m karla C úrslit

Sunday 3 February at 13:20

Heat	Lane	No.	Name	Year of	Club	Personal	Season	Mark	Place
				Birth		best	best		
1	1	3339	Sindri Magnússon	1997	ISL	50,53	50,53	_____	_____
1	2	3313	Bjarni Anton Theódórsson	1998	ISL	49,74	50,46	_____	_____
1	3	3359	Mordecai Mc Daniel	2001	USA	48,25		_____	_____
1	4	3323	Hinrik Snær Steinsson	2000	ISL	50,11	50,19	_____	_____

400 meters – Men B Final – 400m karla B úrslit

Sunday 3 February at 13:25

Heat	Lane	No.	Name	Year of	Club	Personal	Season	Mark	Place
				Birth		best	best		
1	2	3332	Kormákur Ari Hafliðason	1997	ISL	48,78ú	49,20	_____	_____
1	3	3356	Ashton Allen	2002	USA	47,83		_____	_____
1	4	3349	Anton Sigurdsson	1996	SWE	48,51		_____	_____

400 meters – Men A Final – 400m karla A úrslit

Sunday 3 February at 13:30

Íslandsmet: 47,59 Kolbeinn Höður Gunnarsson, UFA 01.02.15

Mótsmet: 48,22 Efekemo Okoro, GB 2016 Reykjavík

Sigurv. í fyrra: 48,69 Marquis Caldwell, USA

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	2	3328	Ívar Kristinn Jasonarson	1992	ISL	47,76ú	49,95	___	___
1	3	3350	Nick Ekelund-Arenander	1989	SWE	46,31		___	___
1	4	3266	Thomas Somers	1997	GB	46,79		___	___

Shot Put Mixed Competition – Kúluvarp blönduð keppni

Sunday 3 February at 13:30

Order	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	3306	Andri Fannar Gíslason	1990	ISL	12,99	12,99	___	___
2	3282	Helga Margrét Haraldsdóttir	2001	ISL	13,16	13,16	___	___
3	3326	Ingi Rúnar Kristinsson	1993	ISL	14,87	13,85ú	___	___
4	3287	Irma Gunnarsdóttir	1998	ISL	13,50ú	12,66	___	___
7	3259	Rachel Wallander	1989	GB	17,53	17,53	___	___
8	3265	Scott Lincoln	1993	GB	19,59	19,59	___	___
9	3300	Thelma Björk Einarsdóttir	1996	ISL	13,18	13,08ú	___	___
10	3343	Tómas Gunnar Gunnarsson Smith	1999	ISL	15,87	15,11	___	___

400 meters – Women B Final – 400m kvenna B úrslit

Sunday 3 February at 13:35

Íslandsmet: 53,14 Guðrún Arnardóttir, Á 26.02.00

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	2	3277	Fjóla Signý Hannesdóttir	1989	ISL	57,21	59,26	___	___
1	3	3302	Vilhelmina Þór Óskarsdóttir	1998	ISL	57,17ú	58,64	___	___
1	4	3278	Glódís Edda Þuríðardóttir	2003	ISL	58,38	58,38	___	___

400 meters – Women A Final – 400m kvenna A úrslit

Sunday 3 February at 13:40

Íslandsmet: 53,14 Guðrún Arnardóttir, Á 26.02.00

Mótsmet: 53,92 Anna Stefanía Guðmundsdóttir, FH 2017 Reykjavík

Sigurv. í fyrra: 54,39 Anna Stefanía Guðmundsdóttir, FH

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	2	3295	Melkorka Rán Hafliðadóttir	1997	ISL	57,02	58,18	___	___
1	3	3353	Mary Gregory	2002	USA	54,91		___	___
1	4	3303	Þórdís Eva Steinsdóttir	2000	ISL	54,80	56,18	___	___

1500 meters – Men – 1500m karla

Sunday 3 February at 13:55

Íslandsmet: 3:45,6 Jón Diðriksson, UMSB 01.03.80

Íslandsmet: 3:46,25 Björn Margeirsson, FH 04.03.07

Mótsmet: 3:54,64 Sigurbjörn Árni Arngrímsson, HSB 2010 Reykjavík

Heat	Lane	No.	Name	Year of	Club	Personal	Season	Mark	Place
				Birth		best	best		
1	1	3342	Sæmundur Ólafsson	1995	ISL	3:56,42	4:05,51ú	_____	_____
1	2	3254	Nick Jensen	1991	DEN	3:44,00		_____	_____
1	3	3253	Andreas Lindgreen	1998	DEN	3:41,20		_____	_____
1	4	3261	Archie Davis	1998	GB	3:43,09		_____	_____
1	5	3324	Hlynur Andrésson	1993	ISL	3:49,19ú	3:49,47ú	_____	_____

High jump – Men – Hástökk karla

Sunday 3 February at 14:00

Íslandsmet: 2,28 Einar Karl Hjartarson, ÍR 18.02.01

Mótsmet: 1,98 Hermann Þór Haraldsson, FH 2014 Reykjavík

Order	No.	Name	Year of	Club	Personal	Season	Mark	Place
			Birth		best	best		
1	3321	Gunnar Eyjólfsson	1998	ISL	1,89ú	1,88	_____	_____
2	3312	Bjarki Rúnar Kristinsson	1996	ISL	1,97ú	1,92	_____	_____
3	3310	Benjamín Jóhann Johnsen	1996	ISL	1,99ú	1,99ú	_____	_____
4	3334	Kristján Viggó Sigfinnsson	2003	ISL	2,02ú	2,00	_____	_____

Long Jump – Women – Langstökk kvenna

Sunday 3 February at 14:00

Íslandsmet: 6,54 Hafdís Sigurðardóttir, UFA 23.01.16

Mótsmet: 6,54 Hafdís Sigurðardóttir, UFA 2016 Reykjavík

Sigurv. í fyrra: 6,01 Anne-Mari Lehtiö, FIN

Order	No.	Name	Year of	Club	Personal	Season	Mark	Place
			Birth		best	best		
1	3258	Josephine Oliaryk	2000	GB	6,38	6,06	_____	_____
2	3287	Irma Gunnarsdóttir	1998	ISL	5,92ú	5,78ú	_____	_____
3	3294	María Rún Gunnlaugsdóttir	1993	ISL	5,91	5,71	_____	_____
4	3280	Hafdís Sigurðardóttir	1987	ISL	6,62ú	6,49	_____	_____

4x200 m relay – Men – 4x200m boðhlaup karla

Sunday 3 February at 14:25

Íslandsmet: 1:27,94 Sveit FH, FH 11.03.17

Mótsmet: 1:28,71 A-Sveit ÍR, ÍR 2011 Reykjavík

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	2		Team Iceland B		ISL			_____	_____
			Ísak Óli Traustason,Guðmundur Ágúst Thoroddsen,Bjarni Anton Theódórs,Hinrik Snær Steins						
1	3		Team USA		USA			_____	_____
			Marcellus Moore,Malcolm Johnson,Mordecai Mc Daniel,Ashton Allen						
1	4		Team Iceland A		ISL			_____	_____
			Ari Bragi Kárason,Jóhann Björn Sigurbjörns,Kormákur Ari Hafliðason,Ivar Kristinn Jasonarson						

4x200 m relay – Women – 4x200m boðhlaup kvenna

Sunday 3 February at 14:35

Íslandsmet: 1:38,43 Sveit ÍR, ÍR 10.03.18

Mótsmet: 1:41,49 A-Sveit ÍR, ÍR 2011 Reykjavík

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	2		Team Iceland B		ISL			_____	_____
			Vilhelmina Þór Óskarsd,Helga Margrét Haraldsd,Agnes Kristjánsd,Rut Sigurðard						
1	3		Team, USA		USA			_____	_____
			Hannah Waller,Leah Phillips,Mary Gregory,Nia Frederick						
1	4		Team Iceland A		ISL			_____	_____
			Melkorka Rán Hafliðad,Guðbjörg Jóna Bjarnad,Glódis Edda Þuríðard,Þórdís Eva Steinsd						

800 meters – Women – 800m hlaup kvenna

Sunday 3 February at 14:45

Íslandsmet: 2:01,18 Anita Hinriksdóttir, ÍR 04.02.17

Mótsmet: 2:01,18 Anita Hinriksdóttir, ÍR 2017 Reykjavík

Sigurv. í fyrra: 2:02,39 Emily Cherotich, KEN

Heat	Lane	No.	Name	Year of Birth	Club	Personal best	Season best	Mark	Place
1	1	3346	Weronika Katarzyna	1994	POL	2:02,80		_____	_____
1	2	3267	Claire Mooney	1992	IRL	2:01,61		_____	_____
1	3	3260	Shelayna Oskan-Clarke	1990	GB	1:59,81		_____	_____
1	4	3269	Anita Hinriksdóttir	1996	ISL	2:00,05ú	2:01,05ú	_____	_____
1	5	3250	Diana Mezulianikova	1992	CZE	2:01,76		_____	_____
1	6	3355	Olga Kosichenko	1996	USA		2:02,92	_____	_____



Innilegar þakkir fyrir stuðning við frjálsíþróttastarfið í landinu

